



**LOOKING BACK.....**it was an unprecedented year, and yet we have much to reflect upon, learn and yes, be proud of.

Name your top wins from 2020. Big or small – what are you truly most proud of?

- 1
- 2
- 3
- 4
- 5

Name 5 meaningful challenges you successfully endured and overcame in 2020

What was hard for you this year big or small?

- 1
- 2
- 3
- 4
- 5

What new insights have you discovered and what specifically did you learn about yourself in 2020? Think about: strengths, talents, beliefs, values

- 1
- 2
- 3
- 4
- 5

What new or existing relationships, friendships, collaborations or partnerships did you develop this year?

- 1
- 2
- 3
- 4
- 5

What did you create or help bring into the world in 2020? - It can be anything at all! Think about your home life, your family, your community, your health, your hobbies & your workplace.

- 1
- 2
- 3
- 4
- 5

How specifically did you make a difference in the world in 2020? No matter how tiny or huge, how did you help, contribute, serve others or touch a life this year in a significant way?

- 1
- 2
- 3
- 4
- 5

Despite the fear, uncertainty, physical distancing, lockdowns and the shift to a virtual on-line world - Where did you have the most fun in 2020? What did you manage to enjoy most looking back these over the past 12 months? What are some of the precious moments you are grateful for?

- 1
- 2
- 3
- 4
- 5

Knowing what you now know, what are you willing to stop doing and what are you committed to removing and taking out of your life moving forward?

- 1
- 2
- 3
- 4
- 5

If you were to write a newspaper headline that summarized your 2020, what would it say? What do you want to be known for or proud of as we move through 10 months of such a massive global crisis together.

## LOOKING FORWARD: 2021

Knowing what you now know: What 5 things do you absolutely aim to achieve in 2021?

- 1
- 2
- 3
- 4
- 5

Name 5 challenges you are willing and ready to face so that you conquer your goals in 2021:

- 1
- 2
- 3
- 4
- 5

What do you want to grow and develop within yourself specifically in 2021?  
(Knowledge, Skills, Capabilities, Competencies, Qualities)

- 1
- 2
- 3
- 4
- 5

What relationships would you like to invest more of yourself in this coming year?  
(Personal & Professional)

- 1
- 2
- 3
- 4
- 5

Who inspires, supports and encourages you looking forward that you want to spend more time with? Who are the role models you can learn from and look up to as mentors and positive influences in your life this coming year?

- 1
- 2
- 3
- 4
- 5

What would you really love to create or bring into the world in 2021?

(No matter how big or small)

- 1
- 2
- 3
- 4
- 5

How specifically will YOU make a difference in 2021? Big or small – who are you going to help?

- 1
- 2
- 3
- 4
- 5

What 5 things do YOU truly look forward to this coming year that excites you? Make sure they are magical for you!

- 1
- 2
- 3
- 4
- 5

What new habits are you committed to this coming year that will enable you to make purposeful progress towards your top goals?

- 1
- 2
- 3
- 4
- 5

If you were to write a breaking news newspaper headline that really highlights what 2021 is all about for you - what does it say?



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